



## “INTERVENTIONS”

### **Timeouts Area/Therapeutic Restraints: 20-A MRSA 4502**

Standards are adopted by the Department of Education (05-071, Chapter 33)  
Purpose: reduce harmful behaviors to ensure safety of student

1. Local Policy Required (check your school district)
2. Use of room and/or restraints must be documented (part of school record)
3. Characteristics of time-out room:
  - Adult supervised at all times (see and hear)
  - Window for observation by staff
  - Adequate light, heat and ventilation
  - Normal ceiling height
  - Cannot be locked; student must be able to exit
4. Restraints:
  - 2 adults present at all times
  - successful completion of training program
  - no use of mechanical or chemical restraints
5. Maximum duration: 1 hour

### **Medication in Schools: 20-A MRSA 254(5)**

Written local policy

- Trained unlicensed personnel
- Students possess/self-administer emergency medication
  - Asthma Inhaler/Epinephrine pen
    - Prior written approval of PCP and parent/guardian
    - Written verification student has knowledge and skills
    - School nurse evaluate student technique

Must comply to be approved school, 20-A MRSA 2902 and 4502(N)

Maine DOE, Chapter 40

Medication kept in original container

20 USC 1412(a)(25): IDEA

Prohibition from school personnel requiring a child to obtain a Rx as a condition of attending school, receiving an evaluation or receiving special ed services